



RICK SCOTT
GOVERNOR

NATIONAL NUTRITION MONTH

WHEREAS, National Nutrition Month focuses attention on the importance of making informed food choices and developing sound eating and physical activity habits; and

WHEREAS, proper nutrition is important for people of all ages and has beneficial effects for overall health and body weight, and proper nutrition is important in the prevention of chronic diseases; and

WHEREAS, the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS, enjoying healthy foods and physical activities are key to developing a healthy lifestyle that can be maintained for years to come; and

WHEREAS, the Florida Department of Agriculture and Consumer Services assists schools and other agencies in providing nutritious meals to children at reasonable prices through administration of the National School Lunch Program (NSLP); and

WHEREAS, the Florida Department of Education assists schools and other agencies in providing standards-based health and physical education that includes healthy nutrition and physical activity; and

WHEREAS, the Women, Infants and Children (WIC) program provides access to healthy foods, nutrition education and counseling; and

WHEREAS, the Child Care Food Program (CCFP) ensures children have access to a variety of nutritious foods for healthy growth and for reducing risks of unhealthy weight; and

WHEREAS, the Afterschool Meals Program and the Homeless Children Nutrition Program provide nutritious meals and snacks to children; and

WHEREAS, Healthiest Weight Florida, a collaborative initiative of the Florida Department of Health, seeks to help children and adults make consistent, informed choices about healthy eating and active living;

NOW, THEREFORE, I, Rick Scott, Governor of the State of Florida, do hereby extend greetings and best wishes to all observing March 2014 as *National Nutrition Month*.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Florida to be affixed at Tallahassee, the Capital, this 18th day of March, in the year two thousand fourteen.

A blue ink signature of Rick Scott, written in a cursive style.
Governor